



## 2021-2022 DRESS CODE

All dress code dancewear may be purchased from the 509 Dancewear Store, located on-site in the lobby of CCDT's studios. Please visit the [509 Dancewear webpage](#) for more information.

### Important Dress Code Notices for ALL DANCE CLASSES:

- **Hair** must always be pulled securely away from the face and neck (please use bobby pins, clips, a headband, etc. as needed), and long hair must be fully secured for ballet (e.g. ballet bun, French twist, tidy pinned-up braids, etc.)
- **Jewelry** should be kept to a minimum (e.g. studs and small piercings only; please no dangling earrings, bracelets, or necklaces)
- **Nails** should generally be groomed short and natural/neutral
- Any **warm up attire** must be sleek and fitted to the dancer's body, and may be worn at the instructor's discretion
- For more information regarding **flesh-tone tights and shoes**, [click here](#). A new range of flesh-tone items will be in stock at 509 Dancewear soon; in the meantime some brands that manufacture/resources for purchasing flesh-tone dancewear can be found [here](#).
- For any **trial class** for which you do not own the appropriate dress code, let staff know in advance and we will advise a relaxed dress code acceptable for the trial class only (full dress code will be expected if and when the dancer is fully registered)
- **All dress code will be enforced at the instructor's discretion**; if an instructor requests or permits any attire for their specific class that differs from the list below, please adjust accordingly

Please note that CCDT accepts **gender-neutral dance attire**. If the dancer chooses, they may wear close-fitting, solid-colour dance attire not on this specified list. Hair must always be pulled securely away from the face and neck, and appropriate footwear must be worn for the class.

### MUSIC & MOVEMENT

Children and parents should dress comfortably for light movement; socks and shoes will be removed at the door.

### CREATIVE MOVEMENT

**Girls:** Pink, light blue or lilac leotard with matching skirt (no tutus, sequin or fluffy skirts), bare feet

**Boys:** White short-sleeved tee-shirt, solid-coloured shorts, bare feet

## **PRE-PRIMARY & PRIMARY BALLET**

**Girls:** Lilac leotard with matching skirt (no tutus, sequin or fluffy skirts), pink or flesh-tone ballet tights, pink or flesh-tone full-soled ballet slippers

**Boys:** White short-sleeved t-shirt, solid-coloured shorts, white ankle socks & white full-soled ballet shoes

## **RAD BALLET**

Some tutorials for making a ballet bun and other ballet hairstyles:

[How To Make A Ballet Bun](#)

[How To Do A Dance Bun on Natural Afro Hair](#)

[French Roll, Ballet Bun, Halo Bun](#)

[French Twist, Ballet Bun, Braided Bun, High Bun](#)

[Ballet Hairstyles for Short Hair](#)

[Many more ideas, tutorials, and videos can be found by searching Google, YouTube, Instagram, etc.]

### **Grade I Ballet**

**Girls:** Lilac leotard with matching waist elastic, pink or flesh-tone ballet tights, pink or flesh-tone full-soled ballet slippers, black low-heeled character shoes, character skirt

**Boys:** White short-sleeved t-shirt, solid-coloured shorts, white ankle socks & white full-soled ballet shoes

### **Grades II & III Ballet**

**Girls:** Navy leotard with matching waist elastic, pink or flesh-tone ballet tights, pink or flesh-tone full-soled ballet slippers, black low-heeled character shoes, character skirt

**Boys:** White short-sleeved t-shirt, black or navy leggings, white ankle socks & white full-soled ballet shoes, boys' character shoes

### **Grades IV & V Ballet**

**Girls:** Burgundy leotard with matching waist elastic, pink or flesh-tone ballet tights, pink or flesh-tone full-soled ballet slippers, black Cuban-heeled character shoes, character skirt

**Boys:** White short-sleeved t-shirt, black or navy leggings, white ankle socks & white full-soled ballet shoes, boys' character shoes

### **Intermediate Foundation, Intermediate, Advanced Foundation, Advanced I & II Ballet**

**Girls:** Leotard (any style/colour), pink or flesh-tone tights, pink or flesh-tone split-sole ballet slippers

**Boys:** Fitted t-shirt or tank top (any solid colour), black or navy boys'/men's ballet tights or leggings (footed or footless) with black, white or flesh-tone split-sole ballet slippers

## **TEEN CONTEMPORARY**

**Girls:** Leotard (any style/colour), pink, flesh-tone, or black footless tights with bare feet, socks may be permitted for the first part of class at the instructor's discretion

**Boys:** Fitted t-shirt or tank top (any solid colour), black footless tights or leggings with bare feet, socks may be permitted for the first part of class at the instructor's discretion

## **MODERN**

### **All Recreational & Pre-professional Classes**

**Girls:** Leotard (any style/colour), pink, flesh-tone, or black footless tights with bare feet, socks may be permitted for the first part of class at the instructor's discretion

**Boys:** Fitted t-shirt or tank top (any solid colour), black footless tights or leggings with bare feet, socks may be permitted for the first part of class at the instructor's discretion

## **CONDITIONING**

**Girls:** Leotard (any style/colour), pink, flesh-tone, or black footless tights with bare feet

**Boys:** Fitted t-shirt or tank top (any solid colour), black footless tights or leggings with bare feet

**All Dancers:** Additional fitted, solid-coloured layers for warmth may be permitted at the instructor's discretion. Avoid ponytails or buns at the centre of head as this may be uncomfortable for supine work (e.g. secure long hair low or high on the head).

## **TAP**

Solid-coloured leotard or fitted t-shirt\*; black tights, leggings or narrow jazz pants; black tap shoes

## **JAZZ**

Solid-coloured leotard or fitted t-shirt\*; black tights, leggings or narrow jazz pants; black jazz shoes

## **HIP HOP**

Solid-coloured t-shirt\* or tank top, sweatpants or track pants, clean indoor sneakers (street shoes are NOT permitted on the dance studio floor)

## **MUSICAL THEATRE**

Solid-coloured leotard or fitted t-shirt\*; black tights, leggings or narrow jazz pants; black jazz shoes

\*The 35th anniversary School of CCDT t-shirt is also permissible for these classes